



WOMEN'S HEALTH SERVICES
35 years of Serving Families in Santa Fe

Women's Health Services is based in Santa Fe and provides care throughout the county, as well as the surrounding counties of Bernalillo, Mora, Sandoval, San Juan, San Miguel, Rio Arriba, Taos, Torrance and Valencia.

We welcome any current and new patients.

Women's Health Services is a community-based clinic that provides a full spectrum of care, including routine and urgent care for all ages and both sexes, gynecological services and procedures, such as pap smears, annual check-up, and Plan B/emergency contraception, STD (sexually transmitted disease) testing, counseling and treatment, birth control, mental health services integrated into primary health care services, well-child care, chronic disease management, cancer and bone density screenings and physical exams.

Our education programs include: "Bee Safe" Project-resources and training on Plan B and teen-friendly clinics, Bodyworks - a nutrition and physical activity program, and prevention, wellness, and sexual health materials and events.

Your Visit to the Doctor

A Quick Teen Guide

*Your Rights
& What to bring
to a Medical Visit*



Women's Health Services 901 West Alameda, Suite 25 Santa Fe, NM 87501
www.womenshealthsantafe.org

You have the right to:

- Confidential birth control, emergency contraception, testing and treatment for pregnancy and STD (sexually transmitted disease) counseling, testing & treatment. A minor may consent to confidential abortion services without parental notification or consent.
- Your medical records
- Have a doctor or other medical professional answer your questions in an informative & respectful way
- Decline treatment or medication at any time
- Access health care regardless of your ability to pay

To a medical visit, you should bring:

- List of questions/concerns for your health care provider
- Any previous medical records (if appropriate)
- Immunization record
- List of allergies/reactions to medications including food allergies
- Names & doses of any medications you are taking
- First day of last menstrual cycle
- Pen & paper—a notebook or journal to write down notes and questions